

## EU FASD 2016

Guidance for teens and young adults in their relationships, including discussion on sexuality.

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## Agenda

- Introduction.
- Lets talk, listen and learn form each other.
- Some Dutch Sex Facts 12-25 years.
- Flag system; method to teach and talk with children and teens about sexual (un-) acceptable behavior.
- Lets talk some more.

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## Abstract

**In the workshop the participants (parents and workers) can listen to each other about the experiences they tell. Participants will have their fore an active role. We will try to learn of the experiences of each other in ways dealing with the relationships and sexual behavior of teens and young adults. We speak about the vulnerability and how we can protect them, with respect for their own development and privacy. Jan presents some fact about sexual behavior of teens and young adults between 12-25 years old in The Netherlands. He also shortly presents a method developed in Belgium, for parents and workers to talk with and teach children and teens about sexual (un-)acceptable behavior.**

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## Presenter info

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## Leeuwarden, Fryslân



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Attachment,  
Adoption,  
Foster Care,  
ASD, ADHD,  
FASD



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## conflicts of interest

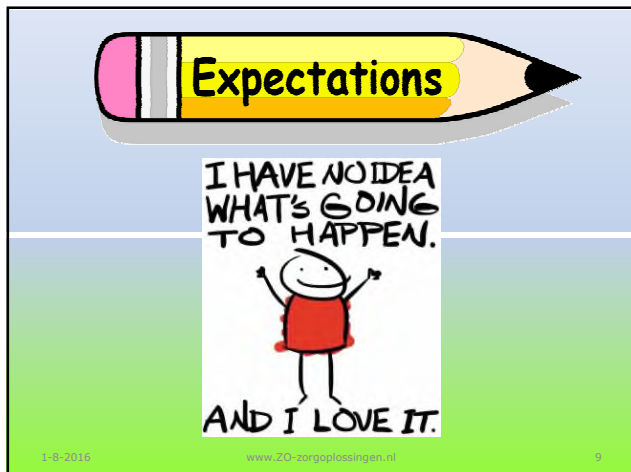
Sponsoring; none  
Honorary; none  
Shareholder; none



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## Lets talk....

- About your experiences.
- About how you deal with guiding the relationships and sexual behavior of teens and young adults.
- What did work?
- What did not work?

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## Dutch Sex facts 12-25 year

**14,4 year; 50% has been kissing, boys somewhat earlier than girls.**

**17,1 year 50% has had sexual intercourse. The same % as in 2005. The Dutch are comparing to other European countries late.**

**For most youth the first time is unexpected. For 38% of the boys and 31% of the girls completely unexpected.**

**14% of the girls and 5% of the boys say they have been persuaded the first time.**

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**Most youth have sex with a steady partner. 32% of boys have steady and 19% of girls.**

**2,7% of boys and 1,5% of girls tell they are gay.**

**90% got there information about sex, anti-conception and STD at school.**

**When boys want to know something about sex they looking at the internet. Girls talk to there friends.**

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**73% of the boys watched porn, 21% of the girls. 33% of the boys and 15% of the girls called it instructive.**

**For boys religion was hardly important for sexual experience. Christian and Islamic girls have less sexual experience than girls who are non-religious.**

**75% uses a condom at the first time. Religious girls uses condom less often at the first time.**

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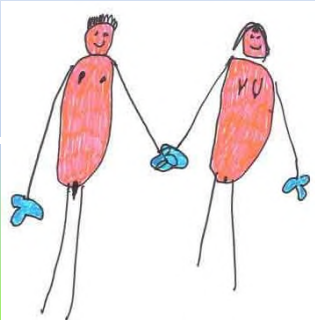
**9 from 1.000 boys and 13 from 1.000 girls have been diagnosed with STD the last year.**

**4 from 5 boys and girls uses anti-conception all the time.**

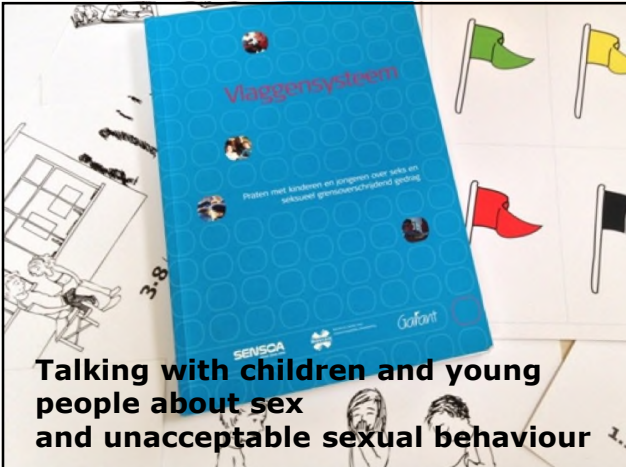
**11 from 1.000 girls had an unwanted pregnancy last year. 6 of the 11 had an abortion.**

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### How to respond?



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**Talking with children and young people about sex and unacceptable sexual behaviour**

## Purpose intervention

- "This intervention aims to be a preventive working tool, which can offer a framework, and a guide to anyone that works with children and young people. The objective is to make sexuality, desires and boundaries, criteria, and gradations of unacceptable sexual behaviour a subject of discussion. In this way this method aims to make a contribution to preventing unacceptable sexual behaviour amongst and towards children and young people" (Flagsystem, pg 13, Sensoa en Garant).

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- Criteria; for all ages
- Program; 0-18 age
- Boys/girls/different sexual orientation
- Western society
- Also for people with physical or mental disabilities

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## Criteria for acceptable sexual behavior

- Mutual consent
- Voluntarity
- Equality
- Age-appropriate or developmental appropriate
- Appropriate within the context or appropriate for the situation
- Self-respect; not physical, psychological, social harmful for her/himself.

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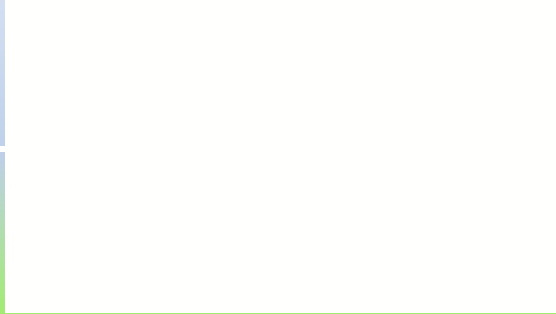
- Pedagogical answer to sexual behavior; acceptable- and unacceptable behavior
- To give criteria, ethical values
- As a start for conversation and ways to react

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## Thanks



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## References

- Dutch sex facts;  
[http://www.rutgers.nl/sites/rutgersnl/files/PDF-Onderzoek/Factsheet\\_Seksonderje25ste\\_ENG.pdf](http://www.rutgers.nl/sites/rutgersnl/files/PDF-Onderzoek/Factsheet_Seksonderje25ste_ENG.pdf)
- Flag system:  
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- <http://www.sensoa.be/flag-system-pedagogical-and-ethical-intervention>
- [www.fryslan.frl](http://www.fryslan.frl)
- Google.maps
- <https://www.zo-zorgoplossingen.nl/fasd/>
- <http://www.kind-enzo.nl/>

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My English is probably not always correct; I apologize if this leads towards any misunderstanding and inconvenience.

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